



**HAVING A
HARD TIME?**

**TALK TO
SOMEONE
TODAY.**

Are you feeling stressed, anxious, depressed, angry, sad, or just need someone to talk to?

We can help! Video chat with a behavioral health consultant today.



Schedule online at
www.onecommunityhealth.org/school-based-virtual-behavioral-health-services

or call 541-308-8345



One Community Health



**¿LO ESTÁS
PASANDO MAL?**

**HABLA CON
ALGUIEN HOY.**

¿Te sientes estresado(a), ansioso(a), deprimido(a), enojado(a), triste o simplemente necesitas hablar con alguien?

¡Podemos ayudar! Ten una videoconferencia con un consultor de salud conductual hoy.



Programar en línea en
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o llame al (541) 308-8345



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